

'Tears of Love' music program will offer grief support at Silvermont

Linda White will share an hour of live music in her free and open to the public program, "Tears of Love" on Saturday, July 20 from 10 to 11 a.m. at Silvermont mansion in Brevard.

The one hour program will include original songs about love, caregiving and grief.

The loss of a loved one is a traumatic event in the lives of family and friends. While grieving life can be a roller-coaster and a time when it is difficult for others to understand how to help. Support is very important and music is an option that can make a difference.

This program is White's way to share the power of love, challenges of caregiving and the pain of grief to give people hope, strength and to help them not feel

so alone in their grief.

After her husband of 30 years died in 2019, life stood still for White.

Grief impacted every thought and action and time became warped as tears flowed freely.

The grief support group at Transylvania Regional Hospital created a glimmer of hope for White. She took to rewriting song lyrics written during her 15 years of caregiving and found music was helping. Writing new songs about the love they shared and the pain of grief enabled further healing.

The positive impact of music created a growing desire to learn more about how to improve her creativity. White started meeting one-on-one with a graduate student at Brevard College to learn about

the basics of music which led to learning about music theory with Professor Nick Stow.

White's first performance of her "Tears of Love" program took place in the summer of 2021 in Sherwood Forest.

The positive response from those who attended encouraged her to continue sharing her music. A retired friend who worked in the music industry suggested she seek professional guidance with her singing.

In early 2022, White began singing and song-writing sessions with Dr. Brittnee Siemon, a professor at Brevard College.

"People who heard me sing two years ago and listen to me now are amazed at the improvements," she said of the quality teach-

ing she received and the hours of practice and participation in the choir at St. Philip's Episcopal Church.

Recently, she has started working with an organization that helps veterans with PTSD. "Brothers and Sisters Like These" is based in Asheville and organizes in person and Zoom writing classes which aid veterans in healing. She writes lyrics and music associated with a poem or short story and then performs the songs for the veterans.

This year's "Tears of Love" will include five new songs since last year's event. Silvermont mansion is located at 364 E. Main St. in Brevard.

All are welcome to attend this free music event. Call (828) 884-3166 with any questions.



Submitted photo

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